Behavioral Health Planning and Advisory Council

Executive Committee Meeting Minutes Monday, October 26th, 2020, 11:30 a.m. – 1:00 p.m.

Multi-Agency State Office Building, Division of Substance Abuse & Mental Health 195 N 1950 W, Salt Lake City, UT 84116

"Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services."

Planning Council 2020-2021 priorities:

- 1. Parity
- 2. Early intervention and prevention
- 3. Recovery support services
- 4. Youth in transition
- 5. Block Grant

This meeting was held remotely: https://zoom.us/j/8678635444 Meeting ID: 867 863 5444

Present: Rob Wesemann, Sigrid Nolte, Rachel Bawden, Lori Cerar, Javier Alegre, Pam Bennett, Jennifer Marchant, Rafael Montero

- 1. **Review:** The September Executive Committee meeting minutes were reviewed and approved. The October Full Council meeting minutes were approved to take to the full council to be reviewed and approved.
- 2. Agenda planning for November general council meeting:
- DSAMH Updates
- REIC Bylaws
- Discussion of the general purpose of UBHPAC
- Discussion of priorities of UBHPAC

3. Discussion points:

• It appears that members of the council have not read the orientation materials for UBHPAC. Lori suggested that we request that new members sign a document certifying that they have read the orientation materials. Rafael suggested that we remind members every meeting what the purpose and priorities of UBHPAC are. Jennifer has been keeping a folder of UBHPAC documents and suggested that we provide similar resources to new members

- Pam reported on a discussion she had with Susi. Susi did not understand what UBHPAC
 was and felt like no one told her. They also discussed how to be more inclusive of
 different communities in the council.
- Nettie provides several different resources to individuals interested in attending UBHPAC meetings, but it still appears that individuals are not reading the materials and doing their due diligence.
- Sigrid brought up the point that individuals in UBHPAC or who are interested in joining UBHPAC tend to see that there is money available and want to access that money, but don't have a plan on how to use that money. Pam feels that it would be very beneficial for the council to advise the division on needs in the community for Block Grant dollars to go to.
- Javier mentioned that it seems that there is a misconception that UBHPAC is a "club" where you can go to get money.
- Nettie suggested that new attendees to UBHPAC meetings stay after the meeting to chat with Rob and Sigrid about the purposes of UBHPAC so that there are less feelings of disgruntlement among members who feel like they should be receiving funding.